

Discovery Group - Basic Commands

(6) Break Bread

A ccountability

Share how your obedience commitment from last week went, and who you shared with.

Bible: 1 Corinthians 11:17-32

Read **passage** aloud & someone retell in their own words

- What do we learn from this passage about God?
- What do we learn from this passage about people?

Read the **article** on the next page.

- Why is celebrating Communion an essential part of the Christian life?

C ommit

What is Jesus calling you to do in **obedience** this week?

Who can you **share** this with? Who can you reach out to in order to make disciples?

Abide: Read and meditate on the following passages this week:

Matthew 26:17-30 Mark 14:22-26

Luke 22:7-30 John 13:1-38

Break Bread

In 1 Corinthians 11, the Holy Spirit, through Paul, gives instructions about our gathering together as the church. He begins this section with a rebuke for the lack of unity in their gatherings - and this remains a theme for the entire passage. It seems that, in the Corinthian churches, some were being excluded from the common meal together. These were most likely the poorer members of the congregation. So the more wealthy were looking out for themselves and in so doing ‘humiliating those who have nothing.’ A serious offense. He picks up on this rebuke again in verse 27, calling each person to examine themselves when they celebrate the Lord’s Supper to be sure they are not dishonoring the Lord’s body by being divisive or by arrogantly excluding some from participating and enjoying the meal.

In this section of scripture, the Bible sets our church gathering firmly in the context of a family meal. It places our worship of God in the mix and the mess of human relationships. All that being said, what is the Lord saying to His people today through this passage? Many things to be sure, but here are a few...

- (1) Communion (The Lord’s Supper) is a call for family **unity** and **inclusion** in the church. We cannot allow strife, division, exclusion, or any form of un-love to be present when we gather. This is essential, and Paul makes it clear that people are becoming sick and even dying because of not taking it seriously.
- (2) The Lord’s Supper sets **Jesus** in the midst of our family gatherings. A church gathering is centered around the presence of Jesus. We come together to hear from Him, to seek Him, to worship Him. He is absolutely central.
- (3) The Lord’s Supper causes us to **remember**. We are inundated with many thoughts and ideas throughout the week - many of which are false or irrelevant to true life. They are distractions. As we pause to receive the bread and the cup, we are forcing our mind back to the central truth of our existence: Jesus loves us so much that He died for us, and we now sit in God’s presence without guilt or accusation.